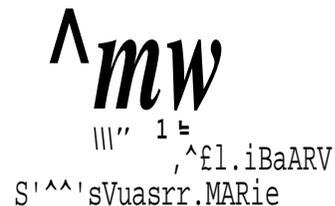


SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: NURSING PRACTICE THEORY 2A
CODE NO-: NUR 204 **SEMESTER:** THREE
PROGRAMME: NURSING
AUTHOR: WILSON
DATE: SEPTEMBER 1991 **PREVIOUS OUTLINE DATED:** SEPT/90

APPROVED

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NURSING PRACTICE THEORY**NUR 204****Course Name****Course Number****TOTAL CREDIT HOURS: 6 4****PREREQUISITE: NUR 114****I, PHILOSOPHY/GOALS:**

The purpose of this course is to promote the student's critical thinking skills in applying the nursing process in the care of clients who require intervention to regain adaptation. This involves the study of physiological and psychosocial stimuli which tend to disrupt the integrity of the individual. Content is organized around examples of selected nursing diagnoses which illustrate nursing assessment and interventions required to assist clients to adapt in common health problem situations.

^^- STUDENT PERFORMANCE OBJECTIVES:

1. Demonstrate the use of the nursing process for selected clients who require intervention to regain adaptation.
2. Use adaptation theory as a conceptual basis for nursing practice in assisting clients who require intervention to regain adaptation.
3. Interact in a therapeutic manner with selected clients.
4. Respond to an individual or group in a manner reflecting their worth and dignity.
5. Examine willingly own nursing practice in terms of professional standards.
6. Apply criteria for quality health care in current practice situations.
7. Seek opportunities for own personal and professional development.

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III. TOPICS TO BE COVERED:

TIME FRAME AND SEQUENCE FOR SEMESTER 1	<u>HOURS</u>
UNIT 1 Introduction to Illness	3
UNIT 2 Maternity	13
UNIT 3 The Surgical Client	5
UNIT 4 Nutrition and Fluids & Electrolytes	10
UNIT 5 Elimination	3
UNIT 6 Interdependence (Part B & C)	5
UNIT 7 Temperature	1
UNIT 8 Role Function	4

IV LEARNING ACTIVITIES

REQUIRED RESOURCES

- | | |
|--|---|
| 1. Demonstrate first level assessment of adaptive and ineffective responses. | See individual unit outlines for learning activities and resources. |
| 2. Determine stimuli which influence client's responses. | Individual readings for each class will be posted. |
| 3. Demonstrate how to determine adaptation level of client. | |
| 4. Identify and prioritize nursing diagnoses which are consistent with and supported by assessment data. | |
| 5. Determine goals which change ineffective behaviours and reinforce behaviours which promote or maintain adaptation | |

NURSING PRACTICE THEORY**NUR 204****Course Name****Course Number****IV. CONTINUED**

LEARNING ACTIVITIES	REQUIRED RESOURCES
6. Explain nursing interventions and demonstrate selected skills to assist client to regain/maintain adaptation.	
7. Classify nursing interventions as independent or inter-dependent nursing functions.	
8. 1) Determine relevant information to report and record.	
2) Determine appropriate methods of reporting and recording.	
9. Evaluate achievement of goals.	Note: Refer to individual unit outlines for specific content.

V- EVALUATION METHODS: (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)**TEACHING-LEARNING METHODOLOGIES**

The following methodologies will be utilized in assisting the student to develop critical thinking skills and to promote student participation.

1. Lecture
2. Group Discussion
3. Case Studies
4. Questioning Techniques
5. Self Learning Activities
 - readings
 - AV presentations
 - assignments
6. Workbook (Maternity)
7. Games

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V. EVALUATION METHODS CONTINUED . . -

METHOD OF ASSESSMENT (GRADING METHOD):

EXAM:	#1	October 7, 1991	30%
	#2	November 11, 1991	30%
	#3	To be Announced	40% (10% previous content; 30% new content)
			100%

Exams will be predominantly multiple choice format but may contain short answer questions.

All exams are the property of Sault College of Applied Arts and Technology, Health Sciences Division.

Marks will be posted only with written permission from the student.

VI- REQUIRED STUDENTS RESOURCES:

Bobak, I. and Jensen, M., Essentials of Maternity Nursing, 2nd edition, C.V. Mosby Company, Toronto, 1987.

Brunner, L.S. and Suddarth. Textbook of Medical-Surgical Nursing, 6th edition, Lippincott Co., Toronto, 1988,

Clark, J., Queener, S. and Karb, v. Pharmacological Basis of Nursing Practice, C.V. Mosby Co., Toronto, 1990.

Jaffe, Marie S. and Melson, Kathryn A. Laboratory and Diagnostic Cards, C.V. Mosby Co., Toronto, 1988.

Skidmore-Roth, L. Medication Cards for Clinical Use, Appleton & Lang, Toronto.

Staff Reference Manual: Postpartum Support Program, Ministry of National Health & Welfare, 1989.

Whaley, L.F. and Wong, D.L. Essentials of Pediatric Nursing, 3rd edition, C.V. Mosby Co., Toronto, 1988.

Williams, S. Essentials of Nutrition and Diet Therapy, 5th edition, C.V. Mosby Co., Toronto, 1990.

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^^- REQUIRED STUDENTS RESOURCES - . . .

Wilson, R.A. Family Adapting to Postpartum Workbook: Parts A and B, March 1991 (to be purchased at College Campus Shop).

Wilson, R.A. Family Adapting to Labour and Delivery, March 1991 (to be purchased at College Campus Shop).

Additional publications will be placed on Library Reserve or given out in class.

^^I- ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION:

See Unit outlines for details

VIII. SPECIAL NOTES:

Topics subject to change at discretion of instructor based on the learning needs of the student.